

# ADULT ATHLETICS

Ages 18 & Up

847-692-5127 • www.praparks.org

## Men's Basketball Leagues

Ages 18 & Up

JD

The basketball leagues will have a regular season and playoffs. The amount of games played will depend on the number of teams registered, but should be in the range of 9-11 games. Monetary prizes will be rewarded for regular season champions and playoff winners.

Registration deadline: May 25. **CC/g**

Class	Day	League	Date	Time	Team
24122	Th	40 & Over	Jun 7–Aug 16	6:00pm–10:30pm	\$775
24123	Th	Open	Jun 7–Aug 16	6:00pm–10:30pm	\$775



## Men's Summer Soccer League

Ages 18 & Up

JD

In April, the captains of 2011 teams will be mailed information about the league. Existing teams must have each individual players signature on the completed team roster form which must be submitted before the first game. **Registration deadline: May 25. WP**

Class	Day	Date	Time	Team
24301	Sun	Jun 3–Aug 19	9:00am–Noon	\$1,250

## Bocce League

Ages 18 & Up

JD

Bocce is one of the oldest sports in the world. It's a lot of fun and easy to learn. All ages can play this sport and you don't have to be 6' 6" or 250 lbs. Our instructor, Mike Conti is a 40 year resident of Park Ridge and the former President of the United States Bocce Federation. Mike has competed with the U.S. team in world competition 4 times. Individuals may register for \$11 and will be grouped together to form teams. **CPK**

Class	Day	Date	Time	R/NR
25045	Sat	Jun 2–Jul 21	9:00am–11:00am	\$11/\$15

## Adult Co-Rec Volleyball

Ages 18 & Up

AM

Recreational volleyball games provide physical exercise and social interaction among participants, and most of all, are a great deal of fun. This program allows all participants an opportunity to compete at a recreational level. There will be only one court set-up, so class registration is limited. **No class July 3. CC**

Class	Day	Date	Time	R/NR
25743	Tu	Jun 12–Aug 21	8:00pm–10:00pm	\$66/\$103

## Co-Ed Adult Racquetball League

Ages 18 & Up

AM

Join this fun competitive league on Wednesday nights at the Community Center! This league will consist of weekly matches against other participants. Matches will be scheduled on the hour beginning at 6:00pm through 10:00pm. League Fee includes court fees. Balls, racquets, and eye protection are available for purchase at the front desk. **No class July 4. CC**

Class	Level	Day	Date	Time	R/NR
25742	Int	W	Jun 13–Aug 22	6:00pm–10:00pm	\$68/\$106
25741	Adv	W	Jun 13–Aug 22	6:00pm–10:00pm	\$68/\$106

### Not sure how to reach your long-term or short-term fitness goals?

The experienced and certified personal trainers at the Community Center are here to help! We offer 30-minute free personal training consultations to help you find the right fit and program for you.

Call 847-692-5147 to make an appointment now!

