

PARK RIDGE PARK DISTRICT
SENIOR CENTER

AUGUST 2011

100 SOUTH WESTERN AVENUE

847-692-3597

WWW.PRPARKS.ORG

Cheers to 30 Years!

This is a party you won't want to miss!!

The big event will be held at Casa Royale, 783 Lee Street in Des Plaines. The party begins at 11:30am with cocktails and lunch is at 12:30pm. Menu features soup and salad, your choice of London broil/chicken breast combo or baked salmon with dill sauce, potato, and dessert. There will be musical entertainment for listening and dancing. Tables of 10 will be arranged, so let us know who you would like to sit with at time of registration. Guests are welcome.

Day	Date	Time	Fee
Tu	Aug 23	11:30am	\$26

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Membership

Dues are now being collected for the new membership year beginning July 1, 2011

Dues are now being collected for the new membership year that began on July 1, 2011. If you have not paid your dues for the new year yet, now is the time! So, if you want to receive the newsletter on an uninterrupted basis and be informed of all the Center offers, be sure to send or bring in your renewal soon.

Membership dues are:

Single - \$45 resident/\$63 nonresident

Couple - \$68 resident/\$97 nonresident

(couples must be living at the same address)

Membership at the Senior Center is open year-round. New and prospective member meetings are held quarterly.

CLUB NEWS

Men's Club

Tuesday, August 2 - Continental breakfast at 8:30am, planning meeting at 9:30am. President Hank Hughes leads the discussion on upcoming events. This month discussions will include speakers for upcoming meetings and plans for the Steak Fry in September.

Tuesday, August 9 - Continental breakfast at 8:30am, regular meeting at 9:30am. Call the Senior Center to obtain speaker information for that day. All Senior Center members, men and women, are invited to the Men's Club programs.

Genealogy Group

This group meets Monday, August 8 at 10am. Experienced or beginning genealogists are invited to join this group which meets once a month at the Senior Center. Come with your questions or with information to share. Barb Ingolia is the moderator.

Duplicate Bridge

Duplicate Bridge group plays on Friday mornings at 9am. Partners are required. If you would like to join the group, call Gil Powell at 847-696-1816. The charge is \$2 per couple and prizes are given weekly.

Gamers

Join us Friday afternoons at 1pm for casual game playing and socializing. Most participants play dominos but some play Hand and Foot or Rummikube. Bring a friend!

Money Matters with Chris Valentine

Monday, August 1 & 15 at 10am. Come with your questions on financial topics. Chris has great information to share. There is no charge and all are welcome.

Opera-Arts with Leo Rizzetto

Please note our new starting time!

Thursday, August 11 at Noon: Verdi's "La Forza del Destino" (The Peace of Destiny). This is the 1958 performance now on DVD with up-to-date audio and video from the original master copy. Leo attended this opera in 1956 at the Lyric Opera, with Renata Tebaldi as Leonora and it stood out as the best performance of any opera he had attended in over 50 years. Don't miss this one. Fully subtitled in English.

Thursday, August 25 at Noon: Rice and Webber's "Jesus Christ Superstar." This interpretation of the hit rock opera tells the story of Christ's final weeks in an epic production. Shot in Israel, it creates a brilliant example of modern moviemaking with groundbreaking vision and the unforgettable songs of Rice and Webber. Sung in English with optional English subtitles.

Coming up in September!! Fabulous "Spaghetti Opera" with live professional soloists and a delicious meal which includes dessert and wine! Watch for details.

Camera Club

"The Fateful Decade" will be presented by Richard Brandt on Tuesday, August 23 at 10am. A slide show which encompasses a 10 year period including the immediate pre-war years, the war years and immediate post-war years; a time period that had a profound influence on most of our lives. The photographs, pamphlets, and cartoons are accompanied by the music and sounds of the time. For Camera Club members, this show is an example of how you can utilize those pictures and pamphlets tucked away in boxes and photo albums and assemble them into an interesting story. There will be a short introductory talk and ample time after the show to answer questions.

FUN & GAMES

Summer Fun at the Senior Center

Stay busy and active through the summer months. You can...

Senior Swim at Centennial Pool weekdays from 11am to Noon for only \$1. Bring your suit and towel and come on over!

Bocce on Wednesday mornings at 10am at the courts just north of the Center. The group is growing, but new participants are always welcome. New or experienced players are welcome. Bocce Master is Ken Hewitt.

Bowl at River Rand Bowl in Des Plaines on Thursdays at 1pm. This is not a league and all abilities are welcome. The charge is \$4.50 for two games or \$6.25 for three games.

Wii Bowling is fun and challenging and we would love to have you try it! The dates for August are Wednesday, August 3 & 17 at 1pm. Come early for a free lesson from Hank Hughes, the Wii expert.

Ladies Golf - Mondays at 8am at Tam Golf Course. It's golf and lunch for \$22 on August 22. The other dates are "golf only" and the charge is \$16. Register in advance by stopping in at the Senior Center.

Men's Golf - Fridays at Tam Golf Course. Tee times begin at 7:30am and lunch follows at the Senior Center. The fee is \$23 for golf, lunch, & prizes. Register in advance. Guests are welcome to join the men at any time.

Bingo - Wednesday, August 10 is Bingo only at 1pm and the charge is \$1. No reservations are required. Bingo and dinner will be Aug. 12.

Interested in learning to play **Pinochle**? We are making a list and will begin a class in the fall if there is enough interest. Call the Senior Center to register.

AUGUST PROGRAMS

Bingo

Join us for Bingo and dinner! This month's menu will be turkey subs from Subway with chips and dessert.

Registration deadline: August 10.

Day	Date	Time	Fee
F	Aug 12	3:30-5:30	\$6

"Jeopardy"

This is a fun and interactive game hosted by A-Abiding Care and AP Lifeline. There will be small prizes for winners.

Day	Date	Time	Fee
W	Aug 17	1pm	Free

"Art Insights"

This program will showcase the American Art Collection at the Art Institute of Chicago. The slide show will be brought to us by a volunteer of the Art Institute. All members are invited and guests are welcome! Call if you plan to attend.

Day	Date	Time	Fee
M	Aug 22	1:30pm	Free

July's Monthly Lunch has been rescheduled to Tuesday, August 16. Because of the power outage on the day of the lunch we will be having our lunch with Inglenook and program with Laura Freeman doing her musical tribute to Doris Day on the 16th. Lunch time is 12:30 with the program to follow. If you were not signed up for that lunch and would like to join us, call the Senior Center to register. Tickets are \$14.00.



CLASSES

Yoga

New session begins Tuesday, August 16. Instructor is Trish Nealon and all levels are welcome. Newcomers may try the first class for free. Fee is for the 8 week session.

Level	Day	Time	Fee
All levels	Tu	11:30am	\$40

Ceramics

Two classes are available weekly and are open to everyone. Mickey Currie is a very experienced and artistic instructor. Class fee includes instruction, use of some supplies, and firing.

Level	Day	Time	Fee
All levels	M/Tu	9:30am-Noon	\$7

Ukulele

This class is for those who have had one session of instruction or newer. Instructor is the talented Peg Mistak. Fee is per 8 week session. You must provide your own ukulele.

Level	Day	Time	Fee
Beg.	Th	1:30pm	\$22

Don't forget!

Buy your ticket soon for the BIG celebration of the Senior Center's 30 years! The party is to be held at Casa Royale in Des Plaines on August 23. Tickets are \$26 and can be purchased at any time.

COMMUNITY PROJECTS

New Program for Summer and Fall!

We are collecting items to send to soldiers serving in the Middle East. Suggested items include:

Food: Gum, nuts, granola bars, raisins, Wheat Thins, snack size cookies, crackers and pretzels, dried fruit, and individually wrapped hard candy. All food must be in the manufacturer's original packaging. No chocolate, please.

Entertainment: AA & AAA batteries, craft kits, books (mysteries, action, drama, science fiction), magazines (new/nearly new), playing cards, crossword puzzles, and CDs/DVDs.

Necessities: shampoo, conditioner, lotion, wet wipes, eye drops, toothpaste, soap, body wash, sunblock, and foot powder.

Please drop these items off at the Senior Center in the bin under the table near the front door.



We are continuing to collect the **box tops and labels for education**. So far, we have contributed these items to 5 schools in Park Ridge and they are very much appreciated.

The list of products is on the table in the entry way of the Senior Center.

Thank you for your support of these projects that help members of our community!

PARK RIDGE POLICE BREAKFAST CLUB

This monthly program is brought to us by the Park Ridge Police Department. Topics are of current interest to seniors. Breakfast is provided free and begins at 9am. The program follows. There is no charge, but please let us know if you plan to attend. The August date is Tuesday, August 16.

SERVICES

These services are offered to any area senior, members and nonmembers.

Blood Pressure and Blood Sugar screening will be on August 19 from 9am-10:15am. No appointments necessary and no charge. Blood pressure will be taken by Nurse Nora and blood sugar taken by Katie from St. Matthews.

Free Notary Service is available weekdays by appointment. Bring proper identification and the document to be notarized.



Rules of the Road Review is scheduled for August 2 from 9am-11am at the Senior Center. It is an excellent class that will prepare you for taking your

driver's license test. There is no charge but call if you plan to attend.

Driver Safety, sponsored by AARP, is a defensive driving course, that upon completion may entitle you to a discount on your automobile liability insurance. The class dates for August 23 & 25 from 9am-1pm. The charge is \$12 for AARP members; \$14 for nonmembers. Make checks payable to AARP. Pre-registration required. Call 847-692-3597.

Cynthia Phon, social worker, is at the Center on Wednesday's from 9:30am-Noon. Cynthia has a wealth of resource information that can assist you in any concerns. No appointments.

Senior Center Lending Closet has canes, walkers, shower benches, wheelchairs, and other items. If you are in need of a short-term equipment loan, give us a call.

VOLUNTEERS NEEDED

Volunteers are needed for the annual Harry O'Brien Run/Walk to be held on Saturday, August 27. The event starts at the Senior Center and we welcome members who would be willing to hand out packets on Friday and snacks on Saturday. Please let us know if you could volunteer a few hours for this great cause!



August Event Reminders

August 2 – **Women's Club**
Time: 12:30pm Cost: \$14

August 8 – **Just Lunch**
Time: 12:30pm Cost: \$6

August 10 – **Water Holiday**
Time: 8:30am Cost: \$85

August 15 – **Monthly Lunch**
Time: 12:30pm Cost: \$10

August 23 – **Anniversary Celebration**
Time: 11:30am Cost: \$26

August 25 – **Cubs Game**
Time: 10:30pm Cost: \$38

August 30 – **Pig Roast**
Time: 5pm Cost: \$16

AUGUST BIRTHDAYS

Rosella Dieter	1	Marion Wozniak	9	Gene Ideno	21
Phyllis Kaszubski	1	Rebecca Brunetti	10	Maria Pintz	21
Myrna Fogarty	2	Barbara Wolf	10	Michael Inguagiato	22
Lu Kusch	2	Mary Borner	11	Larry Levand	22
Dorothy Vodicka	2	Thomas Cawley	11	Marilyn Ahern	23
John Di Matteo	3	Jack Condon	11	Wilma Berg	23
Charles Austin	4	Marge Botchie	12	Richard Hansen	24
Jerry Feit	4	Pat Cox	12	Julia Poladian	24
Bruce Johnsen	4	Tom Fergus	13	Frank Rago	24
Angie Molfese	4	Jean Nowicki	13	Ron Auer	25
Nemon Taylor	4	Lillian Peska	13	Bridget Collins	26
Mary Vernon	4	Mary Betterman	14	Lois Kusch	26
Gerry Bomkamp	5	Ernest Bruhn	14	John May	26
Frances Johnson	5	Lee Knirko	14	Leona Thomas	26
Norma Rendina	5	Pauline Numrych	14	Florence Borufski	27
Lynn Hammersmith	6	Rudolph Basile	16	Theodora Cheopelas	27
Jeannette Johnson	6	Lorraine Podraza	16	Russell Gertsch	28
Mary Lou Baffes	7	Roger Loeffler	17	Michael Hartnett	28
Julie Caruso	7	Elizabeth McNamara	17	Ray Lindberg	28
Raymond Novak	7	Dorothy Mester	17	Lynette Garland	29
Marlene Turnbull	7	Lucianna Strzalkowski	17	Dolores Komornicki	29
Jeanine Zywiciel	7	Sharon Sybula	17	Victoria Moss	29
Clare Kaiser	8	Helen Rosa	18	Gabriella Nielsen	29
Ellen Nelson	8	Regina Kucharik	19	Rosemary Cordes	30
Sylvia Rutenbergs	9	Rose Siciliano	19	Arlene Rice	30
Victoria Thompson	9	Edith Webber	19	Ellie Vandenbrink	30
		Betty Weese	19	Harry Ashner	31
		Laura Hansen	20	Joyce Canavino	31
		Ed Buczynski	21		

Tidbits From Teresa

Congratulations to the newly elected officers and senators of the Park Ridge Senior Senate. Elected for a 2 year term are President- Rudy Keil, 1st Vice-President- Barb Hameder, 2nd Vice-President- Don Rusch, Secretary- Helen Roppel, and Treasurer- Fran Johnson. Senators are Pat Limper, Jan Fallico, Cathy Lanahan, Barbara Sweetman, Roger Loeffler, Mary Lindstrom, Miles Valles, and Tom Heffernan.

Thank you to outgoing senators who have served for the past 2 years. They have done an excellent job! Those members are Dorothy Carlson, Alice Arndt, Emil Pfenninger, Nora Rychlewski, Don Rusch, Harry Monroe, and Don Russo.

Thank you to Elfriede Rieger for organizing another great Photo Contest on June 28. Judges were Alex Andersen, Susan Tobias, and Marion Okon. Awards were given in 13 categories. The prints are now being displayed at the Senior Center and will be there for the coming month.

Teresa Grodsky

<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
	1	2 8:30 - Men's B'fast 9 - Rules of the Road 9:30 - Men's Planning 12:30 - Women's Club	3 1 - Wii Bowling	4	5	6
7	8 10 - Genealogy 1 - Pinochle 12:30 - Just Lunch	9 8:30 - Men's B'fast 9:30 - Men's Club	10 8:30 - Water Holiday 1 - Bingo	11 12:30 - Opera 12:30 - Couples Bridge	12 3:30 - Bingo & Dinner	13
14	15 10 - Money Matters 11 - Writer's Workshop 12:30 - Monthly Lunch	16 9 - Police Breakfast	17 1 - Bridge Mixer 1 - Wii Bowling 1 - Jeopardy	18 1 - Pinochle	19 9 - Blood Pressure & Blood Sugar Screening	20
21	22 10 - Senior Senate 1 - Bridge Mixer 1:30 - Art Insights	23 9 - Driver Safety 10 - Camera Club 11:30 - Anniversary Party	24 12:30 - Women's Club	25 9 - Driver Safety 10:30 - Cubs Game 12:30 - Opera	26	27
28	29	30 3 - Pig Roast	31	<h1>August 2011</h1>		
<i>Sunday</i> 1—Bridge Mixer	<i>Monday</i> 8—Ladies Golf 9 & 10:30—Exercise 9:30—Ceramics 2:30—Uketones	<i>Tuesday</i> 9—Walkers 9:30—Ceramics 11:30—Yoga Noon—Cards 1—Table Tennis	<i>Wednesday</i> 9 & 10:30—Exercise 9:30—Social Work'r 10—Discussion Gr'p 1—Table Tennis			

SEPTEMBER TRIPS

Reservations are required in advance and should be made according to our current registration policy.

“They’re Playing Our Song”

When an award-winning, straight-laced composer teams up with a quirky aspiring lyricist, it is far from a match made in musical heaven. But when an unexpected romance builds between them, they hilariously struggle to find harmony. This hit Broadway musical comedy will be playing at Pheasant Run Resort. There will be a lunch preceding the show. Menu includes a garden salad, roasted sirloin and pan-seared chicken vesuvio combination, with ice cream sundae for dessert.

Day	Date	Time	Fee
Th	Sep 15	11am	\$75

North Shore Food Feast



Travel through the North Shore, where we will experience the culinary expertise and behind-the-scenes view of this fascinating and delicious world, from creation to consumption. Tastings are included at all stops! We will visit a spice shop, enjoy chocolate, visit a family bakery, and stop at one of our country’s finest wine shops. There

will be a fabulous lunch in a state-of the art culinary school. Our chef will demonstrate the tips and techniques in the preparation of our lunch. If you like food (who doesn’t), you will want to join us on this trip.

Day	Date	Time	Fee
w	Sep 21	9am	\$78

SEPTEMBER PROGRAMS

Reservations are required in advance and should be made according to our current registration policy.

U.S. President James Madison

James Madison (portrayed by Terry Lynch) was not only the 4th President of the the United States but is also known as the Father of the U.S. Constitution and Dolly’s husband! The lunch menu will feature roast pork loin with apple dressing. All members are invited and guests are welcome.



Day	Date	Time	Fee
W	Sep 7	12:30pm	\$14.50

Women’s Club

Betsey Means of WomenLore will give a dramatic portrayal of Alicia Appleman-Jurman, a uniquely courageous and unusually intuitive young Polish Jewish girl who was a Holocaust survivor. There will be a soup and sandwich lunch preceding the presentation.

Day	Date	Time	Fee
W	Sep 14	12:30pm	\$14

Reminder

If you make reservations for an event, we will need your payment within 3 business days. If we don’t receive it by that time, you may lose your reservation. Please remember to fill out the registration form completely with your name and phone number. This saves us time when doing the registrations. We try to be flexible and accommodate everyone, and appreciate your cooperation. Let us know if you have any questions. Thanks for you help.

SEPTEMBER EVENTS

Reservations are required in advance and should be made according to our current registration policy.

Just Lunch

This month's menu will be simple, but tasty. There will be ¼ lb hot dogs with baked beans and dessert. Sign up according to our current registration policy. Registration is limited to 60 participants. This has been a very successful program thanks to all of you, and of course, to our cooks, Barb Ingolia, Barb Hameder, and Cathy Lanahan.

Day	Date	Time	Fee
M	Sep 12	12:30pm	\$6



Monthly Luncheon

Lunch will be catered by Inglenook and includes 3 meats, potato, a variety of salads, vegetable and dessert. Entertainment is sure to please. We welcome back "The Musical Revue" who are recognized by our audiences for their red gloves, wonderful singing and choreography. This will be a lunch you shouldn't miss!

Day	Date	Time	Fee
Th	Sep 29	12:30pm	\$14



Steak Fry and Variety Show

The Senior Center Men's Club and Variety Show Cast are looking forward to presenting their 30th annual event in September. The meal is delicious and plentiful. There will be your choice of steak or chopped steak, baked potato, corn on the cob, cole slaw, and apple slice. Following the dinner, our member cast will present "Was That Really a Dream?" This year's show will take you back to some of our favorite numbers from the past 30 years as well as bring you some new songs and dances. Members and guests are all welcome.

Saturday, September 24 dinner begins at 4pm and the show begins at 6pm.

Sunday, September 25 dinner begins at 3pm and the show begins at 5pm

Dinner Entree	Fee
Chop Steak	\$12
Steak	\$17

Extended Travel for 2011

Oktoberfest in Bavarian Frankenmuth September 14-16, 2011

Willkommen to Frankenmuth, Michigan's Little Bavaria. This village is known for its well tended flowers, lush greenery, architecture and its annual Oktoberfest. Celebrate German culture with food, dancing, live music and of course, beer! Other highlights: Guided tour, pretzel rolling demonstration, riverboat cruise, Bronner's Christmas Wonderland and more. For a detailed itinerary or to make a reservation, please call the Senior Center.

Also, coming up on our schedule are two trips. Cranberry Autumn Harvest in Wisconsin is a 3 day trip October 11-13 and Christmas in New York City including 3 shows from December 13-16. Call the Senior Center for details.

WRITER'S WORKSHOP



INFORMATION AND MOTIVATION

Aha! You want to be a writer! You aspire to become rich and famous! You must accept that you have a small chance of \$ucce\$\$\$. Write because you must. Eventually you may be able to figure out who could be in your audience and where you can find them.

Be prepared. You will be working in isolation. You will have to find “the time” because time will not mysteriously make itself available to you.

Remember: “Good Enough” does not exist. “Do Over” and “Revise” are required. Creative writing is not the same thing as an encyclopedia-researched term paper. You have to expose your soul, as well as copyrighted references.

At the Senior Center the Writers Workshop contributes materials to the magazine rack located near the library room and the kitchen. We place back issues of *The Sun* (a somewhat spooky literary magazine) and *Writers Digest* (a writers resource magazine) in the rack.

You are welcome to keep these publications, or return them to the rack. Occasionally you might find “writers-advice” books available in the rack. These materials will carry a sticker identification stating that: *The Senior Center has a Writers Workshop that meets on the third Monday of every month from 11am until Noon. You will find us in the Library Room. We offer discussion and peer feedback. We consider topics for the monthly Writers Workshop page that appears in this newsletter. For more information, call the facilitator at 847-685-9044 or e-mail Renatahg@msn.com.*

Everyone has a story to tell. The time to tell it is now. You are at a senior center. Do not waste any more time!

Suggested topics we would like to hear about are: Why do you write? When do you write? What prevents you from writing? Do you keep a diary? Journal? Do you write detailed personal letters of more than just a few lines? If so, you are already a writer!

If you have an essay, poem or short story you want to submit for the Writers Workshop page, please contact Renata at the phone number or e-mail address listed above. August 1 is the deadline for material submitted for the September issue. The date of the next Writers Workshop meeting is August 15, 2011 in the Library at 11am. We quit promptly at noon, so anyone who has signed up for the monthly lunch will be able to attend that event without a problem.

The next Writer's Workshop meeting is Monday, August 15, 2011, at 11am until Noon in the PRSC Library.

Articles for the August newsletter are due August 1.

For more information call 1-847-685-9044 or e-mail Renatahg@msn.com.

REGISTRATION

NAME _____ PHONE NUMBER _____

The following information is the procedure for trip and special event registration.

Please have a separate check for each event. Failure to do so may delay your request.

Event	Day	Date	Cost	# of People
James Madison	Wednesday	Sep 7	\$14.50	
Just Lunch	Monday	Sep 12	\$6.00	
Womens Club	Wednesday	Sep 14	\$14.00	
They're Playing our Song	Thursday	Sep 15	\$75.00	
Northshore Food Fest	Wednesday	Sep 21	\$78.00	
Steak Fry - Steak	Saturday	Sep 24	\$17.00	
	Sunday	Sep 25	\$17.00	
Steak Fry - Chopped Steak	Saturday	Sep 24	\$12.00	
	Sunday	Sep 25	\$12.00	
Monthly Lunch	Thursday	Sep 29	\$14.00	

Registration must not be mailed until the 10th of the month. If the 10th falls on a Sunday, the 11th becomes the mail date. "Postmarks" prior to mail date, will be placed at bottom of stack for 2 days. We will process mail as we receive it—as stacked and bundled by the carrier, top letter first. **WALK-IN OR PHONE-IN REGISTRATION BEGINS MONDAY, AUGUST 22**

Make checks payable to: PARK RIDGE SENIOR CENTER • 100 S. Western, Park Ridge, IL 60068

Credit Card Payment: Visa Master Card

(PRSC reserves the right to change a payment to reflect the correct fee)

Account Number: _____ Expiration Date: _____

Cardholder Name _____ Authorized Signature _____

Be aware that in signing up and participating in this program/trip/outing, you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damage or loss which you might sustain as a result of participating in any or all activities connected with and associated with the above trips and events. (including transportation services and vehicle)

I agree to waive and relinquish all claims I may have as a result of participating in the program(s) against the Park Ridge Park District and its officers, agents, servants, and employees from any and all claims from injuries, damage or loss which I may accrue to me on account of my participation in the program(s). I further agree to indemnify and hold harmless and defend the PRPD and its officers, agents, servants, and employees from any and all claims resulting from injuries, damages, and losses sustained by me and arising out of, or in any way associated with the activities of the program(s). I have read and fully understand the above Program Details and Waiver Release of all Claims. **WAIVERS MUST BE SIGNED BY PARTICIPANT(S).** Facsimile signatures will be considered as original by the District.

PARTICIPANTS NAME _____

DATE _____

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