

PARK RIDGE PARK DISTRICT  
**SENIOR CENTER**

MAY 2011

100 SOUTH WESTERN AVENUE

847-692-3597

WWW.PRPARKS.ORG

*Come celebrate with us  
 all year long!*



**“Stars, Stripes, and Seniors!”**

Our May celebration has a patriotic theme! Lunch will be catered by All on the Road Catering and will include Yankee pot roast with mashed potatoes and salad. Entertainment will be provided by Chris Colletti. He will sing and entertain us with a variety of music including patriotic tunes. This party is open to all members. Sponsored by the Center’s exercise class.

	<b>Day</b>	<b>Date</b>	<b>Time</b>	<b>Fee</b>
.	Mon	May 2	12:30pm	\$14

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*Membership*

Dues are now being collected for the new membership year beginning July 1, 2011

At their March meeting, the Senior Senate voted to raise membership dues for the coming year. Because funding from the City of Park Ridge has been eliminated and also the Center is working to cover more of their operating costs, dues are being increased by \$10 across the board. The Senate felt strongly that the dues are presently very reasonable. If the dues are prorated across a year, the charge is only 12¢ a day.

When you pay your dues beginning May 1, they will be as follows:

- Park Ridge resident single- \$45
- Park Ridge resident couple- \$68
- Non-resident single- \$63
- Non-resident couple- \$97

It is hoped that this increase will not be a hardship for anyone. If that is the case, please be sure to speak to Teresa and let her know.

# CLUB NEWS

## Camera Club

On Tuesday, May 24 at 10am we will continue Joanne Giannopolis' Journey to China, The China of Today, which includes a display of a China tea set.

The annual photo contest will be held June 28. While judges are choosing the winners, which will be submitted to local newspapers, the audience will be treated to a program about Dubai. Everyone is invited to enter.

Please call Elfriede Rieger at 847-825-6827 for lessons on sending pictures as email attachments, as well as answers to other questions.

## Genealogy Group

This group meets Monday, May 9 at 10am for discussion on how to begin or continue the search for family heritage. Barb Ingolia is the moderator of the group.

## Men's Club

Become a member of the Center Men's Club. They have great programs, speakers and special events. Dues are \$5 a year and can be paid in the office or to Men's Club treasurer, Lou Niedorkorn.

### *May Meetings:*

**Tuesday, May 3** - Continental breakfast at 8:30am, planning meeting at 9:30am. Items to be discussed include upcoming meetings and speakers. All men are welcome.

**Tuesday, May 10** - Continental breakfast at 8:30am, business meeting at 9:30am, guest speaker at 10am. This month's guest is PGA Professional Jeff Siegmund. He is from the Sugar Creek Golf Course. He has great experience in teaching golf to all ages and levels. He is an expert club fitter and equipment analyzer. Everyone is invited.

## Gamers

On Friday, May 27 at 1pm the Gamers Group will be having a Domino Tournament. The charge is \$2 to enter and you must register in advance. Refreshments will be served.

All Center members are invited to be part of this Friday afternoon group. Play begins at 1pm. Most play dominos or Hand and Foot, but others play Scrabble or Rummikub.

## Money Matters

This discussion led by Chris Valentine is an opportunity to hear the latest in what is going on in the financial world. Chris is happy to answer your questions and take suggestions for programs. May dates: Monday, May 2 & 16 at 10am. There is no charge.

## "BookWorms"

BookWorms book discussion calls all readers who enjoy a variety of books and a lively discussion. Books are distributed on a Thursday and discussed on the following 1st Thursday of the month. May date is Thursday, May 5 at 1pm in the Senior Center library. Terry Caldron is the leader of the group.

## Opera-Arts

Opera-Arts, with Leo Rizzetto, meets on May 12 & 26 at 12:30pm. Please be on time.

Thurs., May 12: "A Night at the Opera". A Marx Brothers grand comedy. To save the opera, our heroes must first destroy it! Kitty Carlisle and Allan Jones sing the last act of Verdi's "El Trovatore."

Thurs., May 26: Verdi's "El Trovatore". Now we have the real thing in a glorious production from the Met with Luciano Pavarotti, Sherrill Milnes, Eva Marton and Dolroa Zajick. We have a stirring "Anvil Chorus" and the sheer musical energy, rhythmic propulsion and explosive power combine for this opera's lasting success! Fully subtitled in English.

## FUN & GAMES

**Bocce** begins Wed., May 11 at 10am on the courts just north of the Senior Center. No experience necessary. We can show you how! Ken Hewett is in charge of the play. Stop by and give it a try.

**Bowling** meets every Thurs. at 1pm at River Rand Bowl in Des Plaines. This is not a league and all abilities are welcome. The charge is \$4.50 for two games or \$6.25 for three games. *The Center's bowling party was a great time! Thirty members enjoyed bowling, good food, and prizes.*

Interested in some variety in bowling? Come and play **Wii Bowling** twice each month; Wed., May 4 & 18 at 1pm. No lifting involved - the game is on a screen. No charge. Hank Hughes is the Wii-master!!

**Bingo** - Wed., May 11 at 1pm. The charge is only \$1 and no reservations are necessary. **Bingo and dinner** will be Fri., May 13 with Bingo beginning at 3:30pm. Dinner of spaghetti and garlic bread at 5pm. The charge is \$6 and reservations must be made by May 11 at 5pm.

**Ladies Golf** plays on Mondays beginning at 8am at Tam Golf Course. (May 9, 16 & 23) On May 9th golf will be followed with lunch at the Center. The charge is \$22. The remaining dates are "golf only" and the charge is \$16. Sign-up can be done at any time, but payment for each outing must be made by the Friday before the Monday outing.


**Men's Golf** plays on Fridays (May 6, 13, 20, & 27) at Tam Golf Course. Tee times begin at 7:40am and lunch follows at the Senior Center. The fee is \$23 for golf, lunch, & prizes.

*All participants in the golf groups must pay the \$20 administration fee that the Center pays to Tam to assure us of a permanent tee time for the season.*

## MAY PROGRAMS

### Women's Club

Jenny Riddle, a favorite book reviewer and dramatist, will give the program "We Will Survive." She plays three women and their experiences in life. Lunch of lasagna and salad will precede the program. Call for ticket availability.

Day	Date	Time	Fee	
Tues	May 17	12:30pm	\$13	

### Jeopardy!

Jeopardy is back again! This interactive game is hosted by A-Abiding Care and AP Lifeline. There will be small prizes for winners.

Day	Date	Time	Fee
Wed	May 18	1:00pm	Free

### Foods to Boost Your Immune System

Are your bodies ready to avoid getting germs and infections? Learn how to fuel and to boost your immune system every day. Presented by Michelle Corrado. All are welcome to this free program.

Day	Date	Time	Fee
Mon	May 9	1:00pm	Free

### "Fashion Fiesta"

Tickets are now on sale for our Fashion Show at Café la Cave. Fashions are provided by Chico's in Park Ridge and modeled by our very own Center models. The menu features Fettuccini Giovanni, a salad of romaine, hearts of palm and mandarin orange with basil vinaigrette, and your choice of the Café la Cave Chicken Duo or Orange Roughy St. Germaine and fallen chocolate soufflé. Cash bar. Tables of 10 will be arranged, please let us know your seating preference.

Day	Date	Time	Fee
Wed	May 18	11:30am	\$38

## CLASSES

### Art Workshop

We begin a new 8 week session on Monday, May 9. This class will feature 4 weeks of working in acrylics taught by Rae Penzin and 4 weeks with water colors taught by Beverly Ellstand. Fee is per session.

Level	Day	Time	Fee
All Levels	M	10:00am-Noon	\$60

### Ukulele Class

Peg Mistak leads this enthusiastic group. There is no charge for the class but you must provide your own ukulele. Visitors are welcome!

Level	Day	Time	Fee
All Levels	M	2:30pm	Free

### Yoga

Thursday Yoga class will begin their new session on May 19. Newcomers may try the first class for free.

Level	Day	Time	Fee
All Levels	Th	1:30pm	\$40

### Bridge

Bridge lessons to be held in the near future. There has been a great amount of interest expressed in a new session of bridge. If you would like to learn bridge, call the Center and give us your name.

## SENIOR OLYMPICS

*Dates have been set for the Six County Senior Olympics. Entry forms will be available May 15. Most events will be held in the Park Ridge area and will be held from July 11-22. There is golf, bowling, track and field, bike race, swimming, softball, volleyball, table tennis, tennis and much more.*

## SERVICES

*These services are offered to any area senior, members and nonmembers.*

**Social Worker**, Cynthia Phon is at the Center to answer your questions, provide resource information or just to listen on Wednesday mornings from 9:30am-Noon. No appointments are necessary. Free of charge.

**Rules of the Road Review** can help you to prepare for your upcoming driver's license test. The date is Tuesday, May 3 from 9am-11am. Call to register at 847-692-3597.

**Free Notary Service** is available weekdays by appointment. All you need is proper identification and the document to be notarized. Call the Center to schedule your appointment.

**Driver Safety**, sponsored by AARP, is a defensive driving course, that, upon completion may entitle you to a discount on your auto liability insurance. The class is on Tuesday and Thursday, May 24 & 26 from 9am-1pm. The charge is \$12 for AARP members; \$14 for non-members. Checks should be made payable to AARP and sent in advance to register.

**Blood pressure and blood sugar screening** are provided free on Friday, May 20 from 9am-10:15am. The blood pressure is taken by Nurse Nora and the blood sugar by Katie from St. Matthews Center for Health. No appointments are necessary.

### **PARK RIDGE POLICE BREAKFAST CLUB**

This popular and informative program is held monthly at the Center. Topics are of current interest to seniors. Breakfast begins at 9am with program to follow. No charge, but please let us know if you plan to attend. The date is Tuesday, May 17.

*Volunteer Recognition Day* is set for [Wednesday, May 25](#). This is our annual day to honor and recognize the many wonderful volunteers who make the Senior Center the lively and busy place that it is. There will be a catered lunch beginning at 12:30pm. After lunch, we will be entertained by the fabulous vocalist, Greta Pope. The final part of the day will be our recognition ceremony. The list of all volunteers that have earned the number of hours necessary to be invited to the party are included in this issue of the newsletter. RSVP's are important, so the proper amount of food is ordered. Deadline to RSVP is Friday, May 20.

If you feel that you should be on the volunteer list and are not, please let us know. We are not perfect and want to be sure that all who are eligible to attend are included.

*Volunteers do not necessarily have the time; they just have the heart. ~ Elizabeth Andrew*

Alex Anderson  
 Renate Anderson  
 Alice Arndt  
 Fern Barushok  
 Emily Berjer  
 Dick Brandt  
 Tom Brandt  
 Carl Brauneis  
 Ed Buczynski  
 Hank Buerger  
 Pauline Buerger  
 Terry Caldrone  
 John Capezzi  
 Inge Carlson  
 Marcella Carlson  
 Rita Comes  
 Jim Cushing  
 Rosella Dieter  
 Ginny DiFebo  
 Joe DiPrizio  
 Lori DiSilvestro  
 Joyce DeWinter  
 Elyse Donato  
 Vi Drexler  
 Kathleen Duggan  
 Marie Druschitz  
 Peg Edsey  
 Winnie Erickson  
 Dolly Evans  
 Jerry Feit  
 Ed Fennelly



Helen Fetsch  
 Joe Fetsch  
 Mary Ellen Fisher  
 Renetta Galassini  
 Marilyn Goll  
 Tom Greco  
 Barb Hameder  
 ViAnn Herzovi  
 Joan Huelskamp  
 Henry Huelskamp  
 Hank Hughes  
 Marilyn Hughes  
 Barb Ingolia  
 Bill Irvine  
 Vi Jager  
 RoseMarie Jakubiak  
 Frank Jakubiak  
 Rita Johnson  
 Fran Johnson  
 Helen Kasluga  
 Betty Keil  
 Rudy Keil  
 Lorraine Kieser  
 Angie Krause  
 Regina Kucharik  
 Bob Kuhn  
 Donna Kuhn  
 Cathy Lanahan  
 Jim Langan  
 Jo Lilley  
 Pat Limper

Margaret Lundgren  
 Pat Lupo  
 Edna Little  
 Walter Little  
 Laurene Lohman  
 Herb Lorenz  
 Margo Lorenz  
 Dorothy MacConnell  
 Sandy Main  
 Rita Malek  
 Mac McLendon  
 Eleanor Mensinga  
 Peg Mistak  
 Harry Monroe  
 Jack Montgomery  
 Mary Ann Morgan  
 Bill Nesbit  
 Nancy Nesbit  
 Earl Nicholas  
 Nick Nichols  
 Lou Niedorkorn  
 Santa Niedorkorn  
 Nancy Nugent  
 Shirley Oscarson  
 Carla Owen  
 Christel Owens  
 Jack Owens  
 Mary Ann Ozzie  
 Norma Pasma  
 Elaine Pawlak  
 Lorraine Peterson



Emil Pfenninger  
 Diane Pillola  
 Cecylia Piotrowski  
 Ardene Post  
 Gil Powell  
 Frank Rago  
 George Reutell  
 Louise Reutell  
 Elfriede Rieger  
 Leo Rizzetto  
 Dick Roberts  
 Grace Roberts  
 Julia Rodriguez  
 Helen Roppel  
 Evelyn Ross  
 Ruth Rusch  
 Don Rusch  
 Don Russo  
 Chester Rychlewski  
 Nora Rychlewski  
 Hazel Savolainen  
 Eleanor Scarpelli  
 John Simmons  
 Carol Sipe  
 Polly Steinman  
 Lucianna Strzalkowski  
 Susan Tobias  
 Bonnie Turnauist  
 John Wendt  
 Jean Whitford  
 Jan Zeunert

## MAY BIRTHDAYS

Pat Fischer . . . . .	1	Pat Hansen . . . . .	13	Barbara Morgan . . . . .	25
Rosemary Hansen . . . . .	2	Loretta Fleischmann . . . . .	14	Eleanor Scarpelli . . . . .	25
Karen Mueser . . . . .	2	Joan Ruck . . . . .	15	Robert Stavrakas . . . . .	25
Laurene Lohman . . . . .	3	Gloria Hudgin . . . . .	16	Phyllis Barklow . . . . .	26
Holmes Mc Lendon . . . . .	3	Rita Comes . . . . .	17	Marilyn Halvorsen . . . . .	26
Flo Hagland . . . . .	4	Ann Mullin . . . . .	17	Carla Bush . . . . .	27
Haline Sowa . . . . .	4	Mary Trigsted . . . . .	17	Inge Carlson . . . . .	27
Bernice Wallace . . . . .	4	Morde Horberg . . . . .	18	Cindy Duwel . . . . .	27
Kathy Di Pietro . . . . .	5	Bev Larson . . . . .	18	Angela Scott . . . . .	27
Charlene Fennelly . . . . .	6	Loretta Spingola . . . . .	18	Carolyn Simmons . . . . .	27
Ione Barzditis . . . . .	7	Gretchen Stoltenberg . . . . .	18	Helmut Pannke . . . . .	28
Pat Blaine . . . . .	7	Lee Clementi . . . . .	19	Ed McCabe . . . . .	29
John Collins . . . . .	7	Angie Ferino . . . . .	19	Ken Briars . . . . .	30
Jean McCabe . . . . .	7	Margaret Gauna . . . . .	19	Lois Do Curro . . . . .	30
Stella Venard . . . . .	8	Margaret Schaefer . . . . .	19	Elyse Donato . . . . .	30
Mary Ann Lindstrom . . . . .	9	Henry Carlson . . . . .	20	Donan Johnson . . . . .	30
Margo Lorenz . . . . .	9	Betty Keil . . . . .	20	Rudy Keil . . . . .	30
James Poladian . . . . .	10	Pauline Stensland . . . . .	20	Barbara Hale . . . . .	31
Helen Billings . . . . .	12	Dorothy Mac Connell . . . . .	22	Phyllis Healy . . . . .	31
Theresa Gromley . . . . .	12	Gloria Silla . . . . .	22	Renetta Jarka . . . . .	31
Eileen Byrne . . . . .	13	Edith Di Matteo . . . . .	24	Elaine Pawlak . . . . .	31
		Loren Engelhardt . . . . .	24		
		Susan Mennella . . . . .	24		

## TIDBITS FROM TERESA



WOW! The response to this year's fitness challenge has been great!! Forty-two members have pedometers and have been tracking their steps. The challenge lasts for 8 weeks. In the first 3 weeks, the group has logged 1,247,968 steps. Very impressive.

Have you placed your cookbook order yet? Our 30th anniversary edition is only \$12 and will be available the 1st of May. Nearly 100 cookbooks entitled "Savory Fare" have been ordered. Don't miss out. Order one today.

The Senior Senate has elected their Nominating Committee for this year's election. They will be soliciting nominations for all offices and 8 senators. If you would like to nominate or be nominated you should speak to the committee members. They are Helen Roppel, chairperson, Nora Rychlewski, Herb Lorenz, Rudy Keil, and Don Rusch. Deadline for nominations is May 12.

The Senior Center appreciates the sponsorships for two events in March. Central Baptist Village and Bethany Terrace sponsored part of two events; the St. Pat's Luncheon and the Women's Club program.

*Teresa Grodsky*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
	10 - Money Matters 12:30 - Stars, Stripes & Seniors	8:30 - Men's B'fast 9:30 - Men's Planning	12:30 - Burnham's Chicago 1 - Wii Bowling	1 - Book Discussion 7 - Men's Follies		
8	9	10	11	12	13	14
	8 - Ladies Golf 10 - Genealogy 12:30 - Just Lunch 1 - Pinochle 1 - Boost your Immune Sys	8:30 - Men's B'fast 9 - Rules of the Road 9:30 - Men's Club 12:30/1:30 - Tap	8am -5pm - CANNED FOOD DRIVE 1 - Bingo	9 - Mystery Tour 12:30 - Couple's Bridge 12:30 - Opera	3:30 - Bingo & Dinner	
15	16	17	18	19	20	21
	8 - Ladies Golf 10 - Money Matters 11 - Writer's Workshop 12:30 - Monthly Lunch	9 - Breakfast Club 12:30 - Women's Club	11:30 - Fashion Show 1 - Wii Bowling 1 - Bridge Mixer 1 -Jeopardy	1 - Pinochle	9 - Blood Pressure & Blood Sugar Screening	
22	23	24	25	26	27	28
	8 - Ladies Golf 10 - Senior Senate 1 - Bridge Mixer	9 - Driver Safety 10 - Camera Club 12:30/1:30 - Tap	12:30 - Volunteer Recognition	9 - Museum of Surgical Science 9 - Driver Safety 12:30 - Opera	1 - Domino Tournament	
29	30	31				
	See you at the Parade!			<b>May 2011</b>		
<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
1—Bridge Mixer	9 & 10:30—Exercise 9:30—Ceramics 10—Art W'kshop 2:30—Ukulele Class	9:30—Ceramics 11:30—Yoga Noon—Cards 1—Table Tennis	9 & 10:30—Exercise 9:30—Social Work'r 10—Discussion Gr'p 1—Table Tennis	9—Diet Club 9—Computer Club 9—Woodcarving 10:15—Humanities 1—Table Tennis/Bowl'g 1:30—Yoga	7:30—Men's Golf 9 & 10:30—Exercise 9—Duplicate Bridge 10—Bazaar W'ks'p 1—Gamers 1—Chorus	1—Pinochle

## JUNE TRIPS

*Reservations are required in advance and should be made according to our current registration policy.*

### **Kane County Cougars vs Bowling Green**

We'll head straight to the ball park in Geneva, Illinois and begin with a picnic dinner of your choice of hot dogs, hamburgers, brats, and chicken sandwiches with coleslaw, fruit salad, and potato salad, and ice cream for dessert. After dinner, we will move into the stadium seats for the game. Fee includes transportation, dinner and game.

Day	Date	Time	Fee
Tues	Jun 7	4:15pm-10:15pm	\$48

### **Cubs vs Brewers**

We leave for Wrigley Field at 10:30 a.m. There will be plenty of time for lunch on your own in or around the ball park when we arrive. Game time is 1:20pm. Our seats are Reserved Grandstand. Return to Park Ridge is immediately following the game.

Day	Date	Time	Fee
Thurs	Jun 16	10:30am	\$38

### **"A Closer Walk with Patsy Cline"**

Lunch is at the Fireside in Ft. Atkinson, Wisconsin. Menu includes cream of watercress soup, barbecued ribs and chicken with escaloped potatoes, and Panna Cotta (an Italian custard flan) for dessert. The show follows. You can relive all the passion, the drama, the glamour, and the songs of Country Music's greatest legend in the stirring musical tribute to Patsy Cline. Reservations are required in advance. Fee includes show, lunch, and transportation.

Day	Date	Time	Fee
Thurs	Jun 23	8:30am-6:00pm	\$89

## JUNE PROGRAMS

*Reservations are required in advance and should be made according to our current registration policy.*

### **New Beginnings**

"New Beginnings" a women's vocal group will entertain us with their musical program. The entree will be breaded Sicilian Chicken with tomato cream sauce. The entertainment follows. Guests are welcome.

Day	Date	Time	Fee
Wed	June 1	12:30pm	\$14

### **Women's Club**

Bill Helmuth, world traveler will return to give a travelogue on Syria and the Mideast Conflict. He will take us on a fascinating journey beyond politics and religion to uncover Syrian people and their multi-ethnic, millennial-old culture. Along the way we will visit the extraordinary Roman Ruins of Palmyra, the ancient Christian Citadels in Homs and the 8th Century Grand Mosque in Damascus where you will see the "Whirling Dervishes" spinning like tops. The lunch entrée will be chicken breast roulade with asiago cheese and herbs and sweet red pepper sauce.

Day	Date	Time	Fee
Mon	June 13	12:30pm	\$13.50



### *Reminder*

If you make reservations for an event, we will need your payment within 3 business days. If we don't receive it by that time, you may lose your reservation. We try to be flexible and accommodate everyone, and appreciate your cooperation. Let us know if you have any questions.

# JUNE EVENTS

*Reservations are required in advance and should be made according to our current registration policy.*

## Just Lunch

This month's menu is sloppy joes with coleslaw. The support has been great for this new program. We thank everyone and look forward to seeing you!

Day	Date	Time	Fee
Mon	Jun 6	12:30pm	\$6

## Men's Follies

Come aboard the S.S. Celebration for the second performance and hear your favorite music with a nautical theme. The group is well rehearsed and ready to go. We are even expecting some special guests. Guests are welcome. Refreshments will be served following the show.

Day	Date	Time	Fee
Wed	June 15	1:00pm	\$9

## Senior Center

### Annual Meeting and Luncheon

The menu will be a boxed chicken lunch including 2 pieces fried chicken, mashed potatoes, and baked beans with dessert. After lunch, our annual meeting will be held. There will be reports from the officers and committee chairs of the Center telling the highlights of the past year. Election results of the officer and senate election will also be announced. This is a very important meeting and an opportunity to learn more about how the Senior Center functions. Reservations are required if you wish to come for lunch.

Day	Date	Time	Fee
Mon	June 20	12:30pm	\$10

## A Touch of Vegas

"A Touch of Vegas" is our next anniversary party. There will be casino games, card games, bingo, as well as some live entertainment!! Snacks will be served during the afternoon. This party is being sponsored by the Friday afternoon Gamers Group!

Day	Date	Time	Fee
Fri	June 24	1:30pm-4:00pm	\$15

## Red, White, and Blue Celebration

We begin our evening with a cookout menu; 1/4 lb. hot dogs, potato salad, fruit and ice cream for dessert. We then welcome back the Buffalo Grove Park District singers, "Encore." A fabulous singing group who perform contemporary music for us to enjoy.

Day	Date	Time	Fee
Tues	June 28	5:30pm	\$13

## May Event Reminders

May 2 – Stars, Stripes & Seniors  
Time: 12:30pm Cost: \$14

May 4 – Burnham's Chicago  
Time: 12:30pm Cost: \$12.50

May 5 – Men's Follies  
Time: 7pm Cost: \$9

May 9 – Just Lunch  
Time: 12:30pm Cost: \$6

May 12 – Mystery Tour  
Time: 9am Cost: \$68

May 17 – Women's Club  
Time: 12:30pm Cost: \$13

May 16 – Monthly Luncheon  
Time: 12:30pm Cost: \$11

May 18 – Fashion Show  
Time: 11:30pm Cost: \$38

May 26 – Museum of Surgical Science  
Time: 9am Cost: \$70

# WRITER'S WORKSHOP

## **PULLING STRINGS by Rudy Keil**

As we grow older, we need to challenge ourselves in whatever manner still remains viable whether it be with physical exercise or mental activities.

A few musically ambitious seniors are challenging themselves by filling our senior surrounds with pleasant music by pulling, plucking and strumming ukulele strings. Thanks to Peggy Mistak, our patient music teacher, we are learning while having fun. We call our group the "UKETONES" and we will be performing!

Learning to play requires both physical coordination between hands and mental concentration upon the music. Thankfully, the instrument itself is small enough to be friendly to arthritic hands.

We have room for newcomers, so consider accepting the challenge and join us in "pulling strings."

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## **2006 Writing Class Exercise**

*At a writing class held at the Senior Center the instructions were to write something in a "connected thinking" mode – that is – one of those times when one thought leads to another, and suddenly you arrive at a moment when you think "How did I get to this point?" We're soliciting new submissions from our readers. Here's an example we saved:*

### **TV-CONNECTED THINKING**

In our home we have cable television, on his and her sets. My husband watches sports, Jeopardy, a bit of the news, and Raymond reruns. Marie reminds him of his mother. I think my mother-in-law was much funnier than Marie.

I watch decorating/remodeling shows, Chicago Tonight, some of the night-time feature news programs (minus Nancy Grace and Geraldo), financial news reports, excepting Jim Cramer's Mad Money. That man is screaming, jumping around and pounding a table every time I click past that channel. No, he's not the Seinfeld "Kramer." AND – I am sad to say that watching decorating shows has not significantly improved how my home looks.

I like commercials that cause me to think. For instance, "Thanks, By Owner!" makes me consider whether those are actors or real buyers and sellers. The portly, cross-eyed man wearing a Hawaiian-style blue and white shirt is labeled as a neurosurgeon. Can someone who is cross-eyed do neurosurgery? I'll have to ask a neighbor who is a retired neurosurgeon. A big chocolate lab takes him for a walk three times a day. The doctor ties an extendable leash around his own waist then grips the leash further down to keep the dog from pulling away. The dog and doctor weigh about the same. I fear there will be an accident one day, so I better ask the doctor the surgery question soon. See how much connected thinking I am doing?

**2011 Update – "Thanks by Owner" commercials disappeared during the recent real estate collapse. Suze Orman seems to have replaced the pounding, thumping man by yelling "Denied!" or "Approved!" The doctor and the dog continue their tugging walks, but this couch potato has yet to ask the silly surgery question.**

The next Writer's Workshop meeting is Monday, May 16, 2011, at 11am until Noon in the PRSC Library.  
Articles for the June newsletter need to reach the facilitator no later than the day of that meeting.  
For more information call 1-847-685-9044 or e-mail Renatahg@msn.com.

# REGISTRATION

NAME \_\_\_\_\_ PHONE NUMBER \_\_\_\_\_

The following information is the procedure for trip and special event registration.

Please have a separate check for each event. Failure to do so may delay your request.

Event	Day	Date	Cost	# of People
New Beginnings	Wed	June 1	\$14.00	
Just Lunch	Mon	June 6	\$6.00	
Kane County Cougars	Tues	June 7	\$48.00	
Syria & the Mideast	Mon	June 13	\$13.50	
Mens Follies II	Wed	June 15	\$9.00	
Cubs vs Brewers	Thurs	June 16	\$38.00	
Senior Center Annual Meeting & Lunch	Mon	June 20	\$10.00	
“A Closer Walk with Patsy Cline”	Thurs	June 23	\$89.00	
A Touch of Vegas	Fri	June 24	\$15.00	
Red, White & Blue Celebration	Tues	June 28	\$13.00	

Registration must not be mailed until the 10th of the month. If the 10th falls on a Sunday, the 11th becomes the mail date. “Postmarks” prior to mail date, will be placed at bottom of stack for 2 days. We will process mail as we receive it—as stacked and bundled by the carrier, top letter first. **WALK-IN OR PHONE-IN REGISTRATION BEGINS THURSDAY, MAY 23**

Make checks payable to: PARK RIDGE SENIOR CENTER • 100 S. Western, Park Ridge, IL 60068

Credit Card Payment:     Visa         Master Card

(PRSC reserves the right to change a payment to reflect the correct fee)

Account Number: \_\_\_\_\_ Expiration Date: \_\_\_\_\_

Cardholder Name \_\_\_\_\_ Authorized Signature \_\_\_\_\_

Be aware that in signing up and participating in this program/trip/outing, you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damage or loss which you might sustain as a result of participating in any or all activities connected with and associated with the above trips and events. (including transportation services and vehicle)

I agree to waive and relinquish all claims I may have as a result of participating in the program(s) against the Park Ridge Park District and its officers, agents, servants, and employees from any and all claims from injuries, damage or loss which I may accrue to me on account of my participation in the program(s). I further agree to indemnify and hold harmless and defend the PRPD and its officers, agents, servants, and employees from any and all claims resulting from injuries, damages, and losses sustained by me and arising out of, or in any way associated with the activities of the program(s). I have read and fully understand the above Program Details and Waiver Release of all Claims. **WAIVERS MUST BE SIGNED BY PARTICIPANT(S).** Facsimile signatures will be considered as original by the District.

PARTICIPANTS NAME \_\_\_\_\_

DATE \_\_\_\_\_



## Memorial Day Parade is Monday, May 30!!

Annually Center members march in the Parade and then head back to the Senior Center for a hot dog lunch. Please call the Center if you plan to join us. There will be limited space for riders and plenty of room for walkers. Lunch is \$4 and reservations must be made in advance.

## Community Canned Food Drive

Wednesday, May 11

9:00am-5:00pm

This event is held annually and all food collected is donated to the Maine Township Food Pantry. The response in past years has been tremendous with the Center collecting over 2,500 lbs of canned goods. You can just pull up in front of the Center and we will unload your car.



*Help us to help others in the community.  
Start buying your canned goods now!*

STANDARD MAIL  
U.S. POSTAGE PAID  
PERMIT NO. 144  
PARK RIDGE, IL 60068

CHANGE SERVICE REQUESTED

PARK RIDGE, IL 60068

100 S. WESTERN AVE

SENIOR CENTER  
PARK RIDGE PARK DISTRICT